

DRAFT

Best Practices Inventory, Survey Results

Survey completed by:

- Dixie Morgese, Healthy Start Coalition
- Linda Murphy, Magellan Health Services
- Victoria Kress, SMA Behavioral Healthcare
- Gloria Preston, Florida Health Care Plans
- Patrick Miley, SMA Behavioral Healthcare

		Healthy Start Coalition, Dixie Morgese	Magellan Health Services, Linda Murphy	SMA Behavioral Healthcare, Victoria Kress	Florida Health Care Plans, Gloria Preston	SMA Behavioral Healthcare, Patrick Miley
2. 1. Education (General): raise awareness through the education of parents, youth, patients and health care providers about the dangers of misuse or abuse of prescription drugs	My organization has implemented this strategy in the past		X	X		
	My organization is currently implementing this strategy	X		X		
	My organization is not implementing this strategy				X	
2. Education (Prescribers/Dispensers): raise awareness that prescribers and dispensers, including physicians, physicians assistants, nurse practitioners, pharmacists, nurses, prescribing psychologists, and dentists, all have a role to play in reducing prescription drug misuse and abuse. a. the importance of appropriate prescribing and dispensing of opioids to prevent adverse effects, diversion, and addiction b. how to recognize substance abuse in their patients c. training on treating pain	My organization has implemented this strategy in the past		X	X		
	My organization is not implementing this strategy				X	

		Healthy Start Coalition, Dixie Morgese	Magellan Health Services, Linda Murphy	SMA Behavioral Healthcare, Victoria Kress	Florida Health Care Plans, Gloria Preston	SMA Behavioral Healthcare, Patrick Miley
3. Education (Parents, Pregnant Women, and Patients): enlist all stakeholders to support and promote an evidence-based public education campaign on the appropriate use, secure storage, and disposal of prescription drugs, especially controlled substances.	My organization has implemented this strategy in the past			X		
	My organization is currently implementing this strategy			X		
	My organization is not implementing this strategy, but would be interesting in doing so		X			
	My organization is not implementing this strategy				X	
4. Tracking and Monitoring: Implementation and Promotion of Prescription Drug Monitoring Programs (PDMP) a. Train prescribers/dispensers in its use b. Increase the use of Screening, Brief Intervention and Referral to Treatment (SBIRT) program to help healthcare providers identify and prevent prescription drug problems in primary healthcare settings (through awareness and training)	My organization is currently implementing this strategy			X		
	My organization is not implementing this strategy		X			X
5. Proper Medication Disposal: Establish drug take back programs a. Promote drug take back programs through awareness campaigns b. Develop and execute a public education initiative to increase public awareness and provide education on new methods of safe and effective drug return and disposal.	My organization has implemented this strategy in the past			X		X
	My organization is currently implementing this strategy			X		
	My organization is not implementing this strategy		X		X	
6. Enforcement: Aggressive enforcement actions against pain clinics and prescribers who are not prescribing within the usual course of practice and not for legitimate medical purposes.	My organization is currently implementing this strategy			X		
	My organization is not implementing this strategy					X
	My organization is not implementing this strategy, but I know of an organization that is	X				

		Healthy Start Coalition, Dixie Morgese	Magellan Health Services, Linda Murphy	SMA Behavioral Healthcare, Victoria Kress	Florida Health Care Plans, Gloria Preston	SMA Behavioral Healthcare, Patrick Miley
7. Policy: restrict the establishment of new pain clinics within cities or counties (moratoriums)	My organization is currently implementing this strategy			X		
	My organization is not implementing this strategy, but would be interesting in doing so		X			
	My organization is not implementing this strategy					X
	My organization is not implementing this strategy, but I know of an organization that is	X				
8. Policy: establish nuisance ordinances to address issues at existing problematic pain clinics (or strongly enforce existing ordinances)	My organization is currently implementing this strategy			X		X
	My organization is not implementing this strategy, but would be interesting in doing so		X			
	My organization is not implementing this strategy				X	
9. Policy/Practice: make effective prescription drug treatment available to those in need	My organization has implemented this strategy in the past		X	X	X	
	My organization is currently implementing this strategy					X
	My organization is not implementing this strategy, but I know of an organization that is	X				
10. Other: Other best practices to be identified	My organization is currently implementing this strategy	X		X		X

Specific Comments/Information:

1. Education (General): raise awareness through the education of parents, youth, patients and health care providers about the dangers of misuse or abuse of prescription drugs

- **SMA Behavioral Healthcare, Victoria Kress:** At present SMA is preparing to implement several EBP that will educate prescription drugs, marijuana and alcohol. (FEP, Family Education Program) a 12 session program targeted at families (adolescent and adults who have an addiction and the family members may attend together). Program will be launched in five locations; Daytona Outpatient, Tiger Bay Adolescent Residential, Pine Grove IRT, Debary, and Flagler (adolescent first then adult in Flagler). Team Awareness Work Place Prevention Program-As part of this program the developer makes allowances to address regional drug problems during the training presentation. Botvin LifeSkills Training for youth- LifeSkills Training top evidence-based prevention program in schools According to a study published in the Journal of Drug Education, the LifeSkills Training program is the top evidence-based drug abuse prevention program used by elementary schools in the United States. Program will be used to assist youth in some of the reasons drugs are used and equips them to make better decisions, improve coping, communication, social, assertiveness and conflict resolution skills. CIT Training- CIT is an effective police response program designed for law enforcement/first responders who handle crisis calls involving people with mental illness including those with co-occurring substance use disorders. CIT addresses prescription drug addiction during training.

Past Educational activity related to Prescription Drug Addiction and outreach to medical community in 2009: Stewart-Marchman-Act (SMA) Behavioral Healthcare Keep Kids Drug Free Prevention Center and Florida Recovery Month have put together a continuing education activity focusing on prescription drug abuse. Prescription drug abuse is a significant problem in the United States, and has been coined the "Silent Epidemic". Conference Purpose: To address the topic of the "Silent Epidemic" & Present explanations and tools on how health care professionals can assist in tackling and bringing this epidemic to an end. Conference Objectives Include: Realize the impact of this silent epidemic and its connection with pain and dependency; Describe the goal of pain management and prescribing pain medicine; Relate the risk management involved with pain management; Associate the co-morbidities of drug addiction and pain management patients; Recognize addiction as a disease Target Audience: Physicians of all specialties (Primary Care, Neurologists, Psychiatrists, Pain Management); Nurses (RN, LPN, Case Managers); Behavioral Health Professionals (Psychologists, Psychotherapists, LMHCs, LCSWs, CAPs); Legal Professionals (Defense Attorneys, Judges)

2. Education (Prescribers/Dispensers): raise awareness that prescribers and dispensers, including physicians, physicians assistants, nurse practitioners, pharmacists, nurses, prescribing psychologists, and dentists, all have a role to play in reducing prescription drug misuse and abuse

- **SMA Behavioral Healthcare, Victoria Kress:** Past Educational activity related to Prescription Drug Addiction and outreach to medical community in 2009: Stewart-Marchman-Act (SMA) Behavioral Healthcare Keep Kids Drug Free Prevention Center and Florida Recovery Month have put together a continuing education activity focusing on prescription drug abuse. Prescription drug abuse is a significant problem in the United States, and has been coined the "Silent Epidemic". Conference Purpose: To address the topic of the "Silent Epidemic" & Present explanations and tools on how health care professionals can assist in tackling and bringing this epidemic to an end. Conference Objectives Include: Realize the impact of this silent epidemic and its connection with pain and dependency; Describe the goal of pain management and prescribing pain medicine; Relate the risk management involved with pain management; Associate the co-morbidities of drug addiction and pain management patients; Recognize addiction as a disease Target Audience: Physicians of all specialties (Primary Care, Neurologists, Psychiatrists, Pain Management); Nurses (RN, LPN, Case Managers); Behavioral Health Professionals (Psychologists, Psychotherapists, LMHCs, LCSWs, CAPs); Legal Professionals (Defense Attorneys, Judges)

- **SMA Behavioral Healthcare, Patrick Miley:** I don't believe we have a formal process on this. Again, it is done more on an individual basis than a formalized mechanism. Regarding training on treating pain, we do encourage our staff to attend trainings in this area, but it is not mandatory at this time.

3. Education (Parents, Pregnant Women, and Patients): enlist all stakeholders to support and promote an evidence-based public education campaign on the appropriate use, secure storage, and disposal of prescription drugs, especially controlled substances.

- **SMA Behavioral Healthcare, Victoria Kress:** SMA is promoting the prescription drug addiction campaign led by the Volusia County Sheriff's Department by listing it on www.smabehavioral.org, www.floridarecoverymonth.com and in monthly newsletters through email blasts to community. Not sure if this is considered EBP or not. SMA is addressing the prescription drug addiction problem with parents and pregnant women with through in-patient, outpatient and outreach services by making this topic part of the treatment process and disseminating information on this subject. IF there is an Evidenced Based Public Education Campaign to this target audience you may know of please let us know and we will implement.

4. Tracking and Monitoring: Implementation and Promotion of Prescription Drug Monitoring Programs (PDMP)

- **Healthy Start Coalition, Dixie Morgese:** We use specialized screening for pregnant women.
- **SMA Behavioral Healthcare, Victoria Kress:** SMA is involved with the Substance Abuse Task Force which will be implementing a Community Forum on the Prescription Drug Problem and will assist in developing a strategy to address this problem in the region. If point A and B above is developed as part of the Task Force strategy, SMA will assist in every way possible to implement.

5. Proper Medication Disposal: Establish drug take back programs

- **Healthy Start Coalition, Dixie Morgese:** The Substance Abuse Task Force has been actively working on this initiative.
- **SMA Behavioral Healthcare, Victoria Kress:** During National Recovery Month in 2009 SMA assisted in the disposal of prescription drug collection in Volusia and Flagler Counties. SMA is promoting the prescription drug addiction campaign led by the Volusia County Sheriff's Department by listing it on www.smabehavioral.org, www.floridarecoverymonth.com and in monthly newsletters. SMA is involved with the Substance Abuse Task Force which will be implementing a Community Forum on the Prescription Drug Problem and will assist in developing a strategy to address this problem in the region. If point A and B above is developed as part of the Task Force strategy, SMA will assist in every way possible to implement.

6. Enforcement: Aggressive enforcement actions against pain clinics and prescribers who are not prescribing within the usual course of practice and not for legitimate medical purposes.

- **Magellan Health Services, Linda Murphy:** My organization is restricted to behavioral health so is not actually involved in prescriptions for pain medications. We do educate physicians on appropriate and best practices for prescriptions of psychotropic medications for adults and children.
- **SMA Behavioral Healthcare, Victoria Kress:** SMA is involved with the Substance Abuse Task Force which will be implementing a Community Forum on the Prescription Drug Problem and will assist in developing a strategy to address this problem in the region. SMA will assist in every way possible to implement.

7. Policy: restrict the establishment of new pain clinics within cities or counties (moratoriums)

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8. Policy: establish nuisance ordinances to address issues at existing problematic pain clinics (or strongly enforce existing ordinances)

- **SMA Behavioral Healthcare, Victoria Kress:** SMA is involved with the Substance Abuse Task Force which will be implementing a Community Forum on the Prescription Drug Problem and will assist in developing a strategy to address this problem in the region. SMA will assist in every way possible to implement.

9. Policy/Practice: make effective prescription drug treatment available to those in need

- **Healthy Start Coalition, Dixie Morgese:** We are working with physicians that are specifically working with pregnant and post-partum women on a case-by-case basis
- **Magellan Health Services, Linda Murphy:** Assistance in finding and applying for the Physicians Assistance Program (PAP)
- **SMA Behavioral Healthcare, Patrick Miley:** We do run an outpatient detox to assist those who wish to get off of opiates and there is the use of suboxone to do so.

10. Other: Other best practices to be identified

- **Healthy Start Coalition, Dixie Morgese:** The Healthy Start Coalition is actively working to implement special staffing activities with hospitals prior to or at the time of delivery of an opioid dependent baby. This will also include instruction on special handling of the baby and neonatal abstinence scoring of the baby in coordination with medical personnel and staffing the disposition of the family and their preparedness/ability to care for the baby.
- **SMA Behavioral Healthcare, Victoria Kress:** Painfully Obvious and the Effects of Abusing Prescription Drugs- will be implemented as short presentations to youth throughout the county to assist with campaigning against the epidemic.
- **SMA Behavioral Healthcare, Patrick Miley:** Administratively, we have supported legislation that supports registry of clinics and prescription drug monitoring initiative in Florida, including meeting with and educating legislators on the importance of such.